## **Youth Advisory Committee**

#### **Minutes**

Date: Monday, February 24, 2020

Time: 4:30 pm

Location: Tecumseh Town Hall - Sandwich South Room

917 Lesperance Road Tecumseh, ON N8N 1W9

Present: Member, Brendan Froese

Member, Michael Altenhof

Vice-Chair, Kurtis Hengl Lachance

Member, Tamsyn King Member, Ava Ruuth Chair, Suzie Sawicki

Member, Cameron Skinner

Absent: Councillor, Rick Tonial

Treasurer, Jacob Altenhof Secretary, Kristi Koutros Member, Tia-Lynne McCann

#### A. Call to Order

The Chairperson calls the meeting to order at 4:31 pm.

- B. Roll Call
- C. Disclosure of Pecuniary Interest

None reported.

D. Delegations

None.

#### E. Communications

### 1. Youth Advisory Committee Minutes - January 20, 2020

Motion: YAC - 8/20

Moved By Member Tamsyn King Seconded By Vice-Chair Kurtis Hengl

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**That** the January 20, 2020 minutes of the Youth Advisory Committee as were duplicated and delivered to the members, **be adopted**.

Carried

## F. Reports

None.

#### G. Unfinished Business

#### 1. Family Game Night

The February 21 Family Game Night (FGN) concluded the scheduled FGNs for the winter season. Approximately thirty-seven (37) people attended Friday's FGN.

Dates will be reviewed, in late summer, with the Recreation Department to continue this programming initiative for the Fall 2020 and Winter 2021 season.

### 2. 2020 Project Planning

Manager Recreation Programs and Events Email dated December 18, 2019 Re: 2020 Events - YAC

- A. Earth Day Celebrations
- B. Rock N Swim
- C. Outdoor Movie Night

In addition to the email previously sent, the Members request Outlook Calendar invitations be sent to mark the 2020 recreation events in their respective calendars.

A reminder is given for Members, where school schedule permits, to advise of their availability for the Earth Day Celebration on April 22.

The cost for the DJ for the Rock N Swim, as well as the Outdoor Movie Night expenses are reviewed and the Members concur with sponsoring both events.

The Committee selects Frozen 2 for the Outdoor Movie Night at the Town Centre Park.

The Members commit to reviewing their calendars for the latter planned events and advising of their availability.

Motion: YAC - 09/20

Moved By Member Brendan Froese Seconded By Member Ava Ruuth

**That** the Youth Advisory Committee sponsor a DJ, at a cost of \$400 plus tax, to enhance the Rock N Swim to be held on June 26, 2020 at the Tecumseh Leisure Pool:

**And that** an Outdoor Movie Night be sponsored, at an approximate cost of \$350, to be held on September 4, 2020 in the Town Centre Park.

Member Cameron Skinner left the meeting at 5:13 pm.

#### 3. RBC Future Launch Community Challenge Grant

Discussion ensues regarding the 'Mind Break Before Study Break' initiative, which is intended to emphasize the importance of mental well-being, particularly during exam season by providing skills and techniques to help with related stresses to local secondary students.

The Members begin brainstorming ideas for the two (2) Wellness Fairs as follows:

- Suggest students participate in teams or groups to encourage greater participation
- Teams/groups could be 'themed' with matching shirts
- Endeavour to coordinate the event during the school day and if not feasible, immediately after school to make it convenient for students to attend
- Utilize social media and school announcements to promote the event
- Schedule activities on rotating basis, going 'station to station' as more likely to participate
- Keep food/refreshments simple and easy to eat

The Committee is encouraged to continue to share ideas for activities related to mental health exercises, proper nutrition, study habits to make available at the wellness fairs, as well as contacts for persons who provide the service.

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None.

## I. Next Meeting

March 23, 2020

# J. Adjournment

Motion: YAC - 10/20

Moved By Member Brendan Froese Seconded By Member Michael Altenhof

**That** there being no further business, the Monday, February 24, 2020 meeting of the Youth Advisory Committee **be adjourned** at 5:28 pm.

Carried
Suzie Sawicki, Chair
Kurtis Hengl Lachance, Vice-Chair