

## **Youth Advisory Committee**

### **Minutes**

Date: Monday, February 24, 2020  
Time: 4:30 pm  
Location: Tecumseh Town Hall - Sandwich South Room  
917 Lesperance Road  
Tecumseh, ON N8N 1W9

Present: Member, Brendan Froese  
Member, Michael Altenhof  
Vice-Chair, Kurtis Hengl Lachance  
Member, Tamsyn King  
Member, Ava Ruuth  
Chair, Suzie Sawicki  
Member, Cameron Skinner

Absent: Councillor, Rick Tonial  
Treasurer, Jacob Altenhof  
Secretary, Kristi Koutros  
Member, Tia-Lynne McCann

#### **A. Call to Order**

The Chairperson calls the meeting to order at 4:31 pm.

#### **B. Roll Call**

#### **C. Disclosure of Pecuniary Interest**

None reported.

#### **D. Delegations**

None.



The Committee selects Frozen 2 for the Outdoor Movie Night at the Town Centre Park.

The Members commit to reviewing their calendars for the latter planned events and advising of their availability.

**Motion: YAC - 09/20**

Moved By                      Member Brendan Froese  
Seconded By                 Member Ava Ruuth

**That** the Youth Advisory Committee sponsor a DJ, at a cost of \$400 plus tax, to enhance the Rock N Swim to be held on June 26, 2020 at the Tecumseh Leisure Pool;

**And that** an Outdoor Movie Night be sponsored, at an approximate cost of \$350, to be held on September 4, 2020 in the Town Centre Park.

Member Cameron Skinner left the meeting at 5:13 pm.

**3. RBC Future Launch Community Challenge Grant**

Discussion ensues regarding the 'Mind Break Before Study Break' initiative, which is intended to emphasize the importance of mental well-being, particularly during exam season by providing skills and techniques to help with related stresses to local secondary students.

The Members begin brainstorming ideas for the two (2) Wellness Fairs as follows:

- Suggest students participate in teams or groups to encourage greater participation
- Teams/groups could be 'themed' with matching shirts
- Endeavour to coordinate the event during the school day and if not feasible, immediately after school to make it convenient for students to attend
- Utilize social media and school announcements to promote the event
- Schedule activities on rotating basis, going 'station to station' as more likely to participate
- Keep food/refreshments simple and easy to eat

The Committee is encouraged to continue to share ideas for activities related to mental health exercises, proper nutrition, study habits to make available at the wellness fairs, as well as contacts for persons who provide the service.

**H. New Business**

None.

**I. Next Meeting**

March 23, 2020

**J. Adjournment**

**Motion: YAC - 10/20**

Moved By                      Member Brendan Froese  
Seconded By                 Member Michael Altenhof

**That** there being no further business, the Monday, February 24, 2020 meeting of the Youth Advisory Committee **be adjourned** at 5:28 pm.

Carried

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Suzie Sawicki, Chair

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Kurtis Hengl Lachance, Vice-Chair