

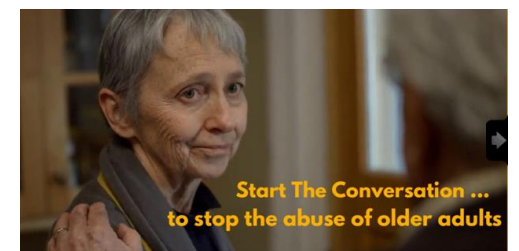
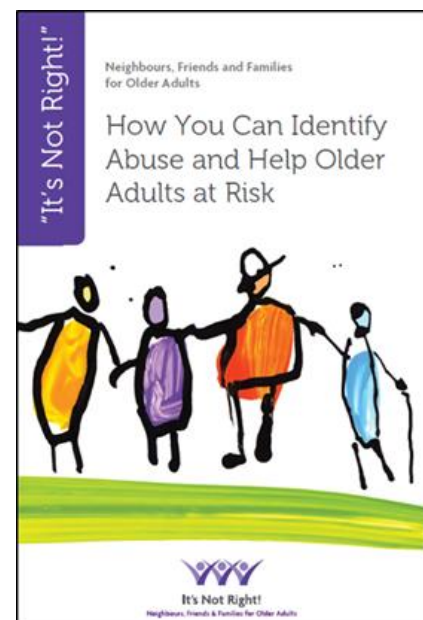


EAO Senior Educational Sessions – 2018/19

Popular Programs & Topics for Senior Groups:

1. Learning What to Say and What to Do in the Face of Possible Abuse with the 'It's Not Right' (INR) Program:

- INR is a provincial elder abuse initiative developed to change **social norms**, by teaching bystanders what to do. Bystanders are those neighbours, friends and family members who are most likely to see warning signs in someone they know, but are unsure of how to respond.
- The INR training helps bystanders overcome their fear of getting involved by showing them what to say to an older adult they suspect is experiencing abuse and how to be supportive without the fear of overcommitting themselves.
- INR presentations are based on a series of **short videos** illustrating potential scenarios of senior exploitation and control by adult children and domestic violence among senior couples
- Audiences are then shown videos of:
 - *inappropriate* responses (usually well-intentioned but in the end harmful expressions of anger and indignation which prevent meaningful communication with the senior, risk alienating them further and even escalating the situation) and
 - *appropriate* responses (one that invites the senior to share their feelings, that offers support without overextending the bystanders' involvement)
- Overall, participants learn to:
 - Understand the relationship between ageism and abuse of older adults; and
 - Interrupt the social isolation that goes with abusive relationships by:
 - Recognizing warning signs
 - Responding with a conversation that can open the door to supports
 - Referring to services and supports that are available in the community
- For more information go to: <http://itsnotright.ca/>



2. 'Tea & Talk' – A Toolkit to Help Seniors Start the Conversation about Health, Safety and Well-Being:

- *Tea & Talk* is a series of modules created by EAO to engage older adults in interactive discussions covering a variety of issues and topics intended to build healthy relationships, promote dignity and restore respect in the lives of older adults.
- Workshop modules include:
 - Dating as an Older Adult
 - Protecting Your Finances
 - Increasing Self-Esteem
 - Communication in Healthy Relationships
 - Age and Discrimination
 - Caregiving
 - Elder Abuse
 - Sexual Harm in Older Adults
- For more information go to: <http://www.elderabuseontario.com/what-is-elder-abuse/help-for-seniors/educational-materials-for-seniors/>

3. Other topics of interest can be covered including:

- Financial Abuse: Safeguarding Money & Assets, Powers of Attorney
- Protecting Seniors' Rights
- Senior Bullying
- For more information go to: <http://www.elderabuseontario.com/training-education/training/training-sessions/>

EAO looks forward to working with Senior Active Living Centres across Ontario to provide valuable and relevant information as requested.

Contact maeve.paterson@ontario.ca if you are interested in hosting an EAO training session for your SALC.