

Minutes of the Senior Advisory Committee
for the Corporation of The Town of Tecumseh

A meeting of the Senior Advisory Committee for the Town of Tecumseh was scheduled to be held on Thursday, September 27, 2018, in the Council Chambers at Town Hall, 917 Lesperance Road, Tecumseh at 6:00 pm.

1. Call to Order

The Chairperson calls the meeting to order at 6:08 pm.

2. Roll Call

Present:

Vice-Chair

Member

Member

Member

Paul Morand

Dara Pfeifer O'Connor

Michelle Phillion

Nancy Tennant

Also Present:

Manager Committee & Community Services

Christina Hebert

Absent:

Member

Member

Suzanne Beneteau

Dorothy Nagy

3. Disclosure of Pecuniary Interest

None reported.

4. Delegations

None.

5. Communications

a. Senior Advisory Committee Minutes dated July 26, 2018

Motion: SAC- 17/18

Moved By Member Nancy Tennant

Seconded By Member Dara Pfeifer O'Connor

That the minutes of the July 26, 2018 meeting of the Senior Advisory Committee be approved.

b. On the Path to Accessible Ontario email dated September 11, 2018

Re: Summer 2018 Edition

Motion: SAC- 18/18

Moved By Member Michelle Phillion

Seconded By Member Dara Pfeifer O'Connor

That Communications - For Information Item B as listed on the September 27, 2018 Senior Advisory Committee Agenda be received.

6. Reports

None.

7. Unfinished Business

a. Senior Fitness Around Town Program

The Manager Committee & Community Services advises the third session of 'Senior Fitness Around Town' (SFAT) Program commenced last week, with approximately twenty-four (24) participants.

Sessions 3 and 4 offer yoga and tai-chi in place of pickleball and disc golf.

Positive feedback in support of SFAT continues to be received and a wait list has been created for persons interested in repeating a session. In addition to the physical activity, participants are benefiting from social interaction as they are engaging with fellow SFAT participants during and following the sessions.

The Session 4 schedule is available on the Town's website and social media pages and the Members assistance in continuing to promote the final session is appreciated.

b. Nutrition Education Workshop

The Nutrition workshop, previously scheduled for July, will be held on Friday, November 9 at the Golden Age Club.

The Golden Age Club will arrange for table set up and the Committee will provide light refreshments.

A suggestion is made to inquire if the Zehrs Pharmacist can discuss relevant topics such as flu/vaccines, hacking cough and medicinal marijuana.

The promotional flyer will be updated and circulated to the Members to help share the event details, as well as a notice will be placed in the local newspapers.

c. Elder Abuse Ontario Workshops

The Members are informed the workshops offered by Elder Abuse Ontario (EAO) are typically an hour to an hour and a half in length. The Committee is required to provide the workshop space and refreshments, as well as a minimum of ten (10) participants. Mileage to and from the event is also appreciated.

Discussion ensues regarding the various workshops topics offered by EAO. An inquiry is made regarding combining workshop topics, such as the 'It's Not Right Campaign' and 'Intervention and Response Strategies'.

It is recommended to target early spring for scheduling the workshop.

d. Fall Prevention Clinic

Following the success of the Fall Prevention Clinic held on Friday, August 10 at the Golden Age Club, the Windsor Essex County Health Unit has requested a subsequent clinic be scheduled.

Arrangements have been made to host the next clinic on January 17, 2019 at the St. Clair Beach Community Centre. The half-day session, will take place from approximately 9:00 am – 12:00 pm.

Further details, including the event flyer, will be shared with the Committee as they become available.

8. New Business

a. Call for Committee Applications

The Members are reminded applications are being received from residents interested in serving on the Town's Committees. Details, together with the application forms, may be found on the Town's website.

Nominations are also being accepted for the Dr. Henri Breault Community Excellence Award, the Donald "Donny" Massender Memorial Volunteer Award and the Ontario Senior of the Year Award.

The deadline for submission is October 31, 2018.

The Members are encouraged to also share the information with persons who may be interested.

b. 2019 Budget

The 2018 Budget and anticipated project initiatives for 2019 is discussed.

The Members concur with maintaining the Senior Advisory budget allocation for 2019.

c. Life After Fifty Pilot Program

A request is made for statistical data, if possible, from Life After Fifty regarding the number of persons who utilized the Life After Fifty Memberships, provided under the Seniors Community Grant, and the frequency of their participation.

9. Next Meeting

The next meeting of the Senior Advisory Committee will be held on Thursday, October 25, 2018.

10. Adjournment

Motion: SAC- 19/18

Moved By Member Nancy Tennant
Seconded By Member Dara Pfeifer O'Connor

That there being no further business, the September 27, 2018 meeting of the Senior Advisory Committee now adjourn at 7:00 pm.

Paul Morand, Vice-Chair

Christina Hebert, Manager Committee
& Community Services