

From: Valerie Sayer [REDACTED]
Date: January 17, 2019 at 2:05:24 PM EST
To: info@tecumseh.ca
Subject: Submission to be read at Jan 29 meeting....water fluoridation debate

Dear Tecumseh Council,

I am writing to you to ask you all to make a very wise decision when you table the vote of whether to fluoridate or not fluoridate our water. Please vote "NO"!!! You need to put your own personal opinion to the side and listen to your constituents.

One of the main reasons that you should be voting "NO" is that fluoridation is a major violation of our individual rights to informed consent to medication. When you add it to everyone's drinking source then it becomes a toxic medication for all even though not everyone wants it or has consented to it. It is proven 100% that fluoride makes some individuals seriously sick....so what are their options...no water??? Water is a basic human right!!! If you chose to fluoridate the water, you would be violating basic rights to some individuals. I don't feel this would be a morally and legally right decision for the town to make.

Fluoride is not an essential nutrient and it is not required for human growth development. So why are city councillors, who are NOT medical professionals making the decision to add such a thing to our water source? You are making a very serious medical decision for the mass majority of people, yet you are not even accredited to make that decision. So just say "no" and let Drs prescribe fluoride to the people that need it. Let the medical professionals deal with this issue on a case by case basis.

In my own family, we have a daughter who cannot have fluoride for medical reasons. In the last 5 years, she has been healthy and free to grab a glass of water from the tap and soak in a long warm bath if she chose to. But if you decided to agree to fluoridation, then you would be stripping her of some basic life necessities...she would not be able to be exposed to that toxic water! If we add fluoride to our water, then we would either have to invest in very expensive water filtration systems for our home or look to move....we do not want to leave our beautiful town but if you make that decision, you will possibly be losing good taxpaying citizens.

I mentioned expensive filtration systems. Is our town willing to pay for expensive filtration systems for the people that have medical proof that they cannot be exposed to fluoride? I'm sure you will have that battle on your hands as I know some people are ready to go that route should this happen. Also, many are saying they will go back to bottled water. Tecumseh would be taking a major step backwards and creating more plastic for our landfills. This is definitely not the direction that we want our town to be heading and this would all fall on your shoulders as you are the ones making the decision.

The recent study that was done in Windsor since fluoridation was taken out of our water sources, said that there was a VERY SMALL rise in cavities. BUT it also confirmed that it couldn't be 100% attributed to "no fluoride" in our water...in fact, they can't prove why. Maybe it's the rise in sports drink consumption? Maybe it's the sugary laden diets of these people? Maybe it's poor dental hygiene habits of these people? Maybe these people have had imbalanced PH levels in their body? Maybe they were taking other medications that caused it? We DON'T KNOW!!!! That's the key point, so you can't make a rash decision to add a toxic chemical to all of our water when you don't have proven facts. That would be very irresponsible of our town leaders.

I am asking all of you to vote "NO" on this issue. You need to focus on city roads, fire, policing, parks, etc.....it is not your job to make decisions when it comes to your taxpayers health! You are violating our medical rights if you make that decision. Just step back and let each person make that decision for themselves and add fluoridation to their lives if they choose to. And if they choose not to, then you know that they can consume water safely in our town. That is the easiest solution to this whole debate.

Thank you for listening to your taxpayers and voting "NO" on this serious health issue.

Valerie Sayer

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Tecumseh, ON

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