



**Canadian Mental
Health Association**
Windsor-Essex County
Empowering transitions to wellness.



**City Centre
Health Care**
A Community Health Centre Operated by CMHA-WECB

Letter of Support re: Oral Health Report 2018

Windsor, January 16, 2019

To Whom It May Concern,

Dental health is, and continues to be, an important part of good overall health. Despite this fact, many residents in Windsor and Essex County lack the support they need to maintain good dental health and face barriers to getting dental services. More needs to be done.

In 2018, the Windsor Essex County Health Unit disseminated two reports identifying the oral health needs for [children](#) and adults; these reports identified that both children and adults have significant oral health needs. Based on the results of the [Dental Health of Adults and Seniors in Windsor-Essex](#) survey and those found in the [Oral Health Report \(2018 update\)](#), the following recommendations are provided:

1. Partnerships.

- Form a local dental health community coalition and collaborate with the Erie-St. Clair Oral Health Coalition, to expand dental health education and outreach programs.

2. Advocacy.

- Advocate for increased funding for dental health services and expansion of publicly-funded dental programs for adults and seniors.
- Advocate for workplaces to provide a living wage and/or some type of dental insurance coverage to their employees.

3. Community water fluoridation.

- Promote and support policies for residents of Windsor-Essex County to have access to community water fluoridation (CWF) and advocate for provincial coordination of CWF.

4. Comprehensive, community-based approach to healthy living programs and services.

As a representative of a community agency, I encourage you to support the recommendations of the WECHU as noted above.

Thank you for your consideration.

Sincerely,

Claudia den Boer
Chief Executive Officer
Canadian Mental Health Association
Windsor Essex County Branch

For Donations and Bequests our Legal Name is CANADIAN MENTAL HEALTH ASSOCIATION, WINDSOR-ESSEX COUNTY BRANCH

CMHA Windsor-Essex County Branch, 1400 Windsor Avenue, Windsor. Ontario NBX 3L9 Tel (519) 255-7440 Admin Fax (519) 255-7817
Community Support Services Fax (519) 971-0058 • CCHC Tel (519) 971-0116 • CCHC Fax (519) 252-5646

Visit Our Website at www.windsor-essex.cmha.ca Charitable Organization #106864036 RR0001