

**From:** Chris Gupta

**Sent:** Monday, January 21, 2019 1:53 PM

**To:** INFO info <[info@tecumseh.ca](mailto:info@tecumseh.ca)>

**Cc:** Joe Bachetti <[jbachetti@tecumseh.ca](mailto:jbachetti@tecumseh.ca)>; Brian Houston <[bhouston@tecumseh.ca](mailto:bhouston@tecumseh.ca)>; Bill Altenhof <[baltenhof@tecumseh.ca](mailto:baltenhof@tecumseh.ca)>

**Subject:** Submission to the Tecumseh Town Council public meeting re water fluoridation on Tuesday, January 29

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Dear Mayor and Councilors,

I really do hope that the Tecumseh Council will hold the Health unit's feet-to-the-fire given their misleading comments below. It is very disconcerting to see so many city councils simply play along to get along with nary any representation of their constituents concerns. I do hope that this council will get engaged and demand answers to many outstanding concerns and at least follow the precautionary principle. Thanks.

***?Fluoride seems to fit in with lead, mercury, and other poisons that cause chemical brain drain.? Philippe Grandjean, MD, PhD, Harvard study co-author, Danish National Board of Health consultant, co-editor of Environmental Health, author of over 500 scientific papers***

At least ask:

"Where is the physician who will impose a lifelong prescription for an untested potentially toxic substance, without proven clinical benefit, on a patient he/she has never met, interviewed or examined? Such dubious behavior would extract appropriate censure from the licensing authority of the physician involved, on the basis that it is unscientific, unscrupulous, unethical, and therefore unacceptable."

~Dr. Neville Wilson

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The Windsor-Essex County Health Unit's Board of Directors recommendations (**as per Appendix B: Community Water Fluoridation Statement**) are deceptive or at best are misleading:

They say: **?When fluoride is added to the water at the recommended levels, studies have shown there is no link to negative health outcomes.?**

Public health officials and water treatment plant engineers/technicians know that they can control neither dosage nor dose. Simply, it cannot be regulated by setting a fixed level/concentration of a substance in water as the consumption of water depends from person to person especially when other sources of ingested fluoride and health conditions are not known. Thus many are chronically overdosed. This deception is deliberately reinforced by the Health Unit as they know that it is commonly not understood by the public and the councilors.

For example at the recommended level of 0.7ppm which is equivalent to 0.7mg fluoride/litre one can exceed Health Canada's Maximum Contaminant\* Level (MCL) of 2.0mg that will causes Fluorosis. Just drinking 3 litres of water would contain 2.1 mg! Drinking this much water is easy to do on a hot summer day and by those who need more water due to sickness and/or their avocations and those **"in lower socio-economic status (SES)"**.

\* Even Health Canada admits that fluoride is a contaminant!

This violates medical ethics. Dosing without knowing patient history and/or vulnerability can only be done under medical supervision. This is particularly significant for children and those with poor health.

Then they have the audacity to say **"that there is no link to negative health outcomes."** Really? Given that they have no clue on other sources of ingested fluoride or health conditions of the recipients and that the NSF60\*\* certification for this chemical, used to justify the addition of this additive, does not have any safety studies for its intended use.

\*\*NSF60 Standards rely on third party certification from agencies such as Health Canada and FDA. Health Canada and FDA have not approved Hydrofluorosilicic Acid (HFSA), nor the pharmaceutical grade fluoride, as a Natural Health Product, they also do not have safety studies for HFSA, in fact, even the pharmaceutical grade fluoride cannot be sold in health food stores - it is only available by prescription! How can they make such an absurd claim?

The above violates Ontario's Safe Drinking Water Act of 2002, which states, Dilution is no defense for adding a contaminant to drinking water.

Dumping HFSA in the environment is already illegal (per the federal Hazardous Waste and Species At Risk Acts) so how is it OK (without safety studies) to dump truck loads of this industrial waste via our water supply year after year?

**"Those in lower socio-economic status (SES) are at higher risk for poor health and oral health."**

Here is another smoke and mirrors statement. The poor have the least resilience to toxic substances and fluoride\*\*\* is more toxic than lead! The Health Unit is not doing any favours to these unfortunate people. These are the very people who will have the most adverse reactions yet they pretend that they are helping them!

\*\*\*Gosselin, R.E., R.P. Smith and H.C. Hodge (eds.). 1984. Clinical toxicology of commercial products. 5th ed. Williams and Wilkins, Baltimore, Maryland.

**"Research has shown declines in tooth decay where community water fluoridation has been introduced."**

If this was true then 62% percent of the non fluoridated Canada should have more decay but this is just not the case. Despite dental pressure, 99% of western continental Europe has rejected,

banned, or stopped fluoridation due to environmental, **health**, legal, or ethical concerns.... As shown above this is yet another deceptive narrative that the health unit spins to keep this toxin in our water. Tooth decay does not decline in non fluoridated areas. In fact it improves. See the real story is at: <https://tinyurl.com/ya6h5dgw> where many other deceptions are also clearly shown. In fact a study revealed pre-school children's tooth decay rates doubled after fluoridation became Kentucky law. <https://tinyurl.com/kqmmqv5>

**"Fluorosis (a cosmetic alteration of the appearance of the tooth enamel) is associated only with areas that have exceeded the recommended concentration of fluoride in the drinking water."**

Here again Fluorosis "**alteration of the appearance**" happens when the tooth is damaged! Then to add insult to injury they again make a nonsensical statement about concentration (level in water) which as discussed above does not define the dose one gets but the Health Board keeps beating this dead horse.

In summary:

They have no safety studies on Fluoridation Chemicals.

They can't account for fluoride from all sources and have no clue of the health of the recipients.

They deliberately confuse water level/concentrations with dose which clearly are not one and the same.

They call tooth damage "alteration of the appearance".

*?The fact is that the vast number of countries and jurisdictions in our world don't put toxins into their water systems at uncontrolled doses and dosages, without informed consent, and without any form of ongoing monitoring or follow-up.? Dr. Robert C Dickson, MD, CCFP, FCFP*

Given the above one should think that the health unit is in the fluoride marketing business for protecting the industrial waste disposal companies and the dental cosmetic business. Their concern for our teeth and health is all a pretense. Any report/study published by such an organization can be nothing but self serving.

Finally should like to add that it is common for health unit to show [Baby Bottle Decay](#) to demonstrate what happens if water is not fluoride this is yet another one of their deceptions. Don't fall for it.

As councilors you represent your constituents regardless of your own views. To this end Windsor council 5 years ago (2013/03) did a great job representing their constituents. Hope you will also represent your constituents and challenge the Health Board on their deceptions as outlined in this note. Thereby, remain as one of the progressive non fluoridated cities and countries; introducing water fluoridation is clearly a regressive step.

One can see that the whole issue of water fluoridation can be resolved by simply complying with our laws. Why is there no accountability for such violations? If this is not done then what is the point of having these laws?

The mandate of City water department is to clean the water - not to deliberately contaminate it and hence violate the said laws.

As conscientious, moral and ethical Councilors it is incumbent upon you, as the ultimate decision makers, to protect the health and well being of the residents

You were elected to Serve And Protect. It behooves you to stop this fraudulent practice.

Thank you,

Chris Gupta, P. Eng.  
London, Ont.