

Minutes of the Senior Advisory Committee
for the Corporation of The Town of Tecumseh

A meeting of the Senior Advisory Committee for the Town of Tecumseh was scheduled to be held on January 24, 2019, in the Council Chambers at Town Hall, 917 Lesperance Road, Tecumseh at 6:00 pm.

1. Call to Order

The Manager Committee & Community Services calls the meeting to order at 6:00 pm.

2. Roll Call

Present:

Councillor	Rick Tonial
Member	Suzanne Beneteau
Member	Gabrielle McMillan
Member	Paul Morand
Member	Dorothy Nagy
Member	Dara Pfeifer O'Connor

Also Present:

Manager Committee & Community Services	Christina Hebert
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Absent:

Member	Loretta Stoyka Henderson
Member	Nancy Tennant

a. Election of Chair and Vice Chair

The Manager Committee & Community Services opens the floor to nominations for the Chair for the Senior Advisory Committee, for a one (1) year term, ending December 31, 2019.

Motion: SAC- 1/19

Moved By	Member Dara Pfeifer O'Connor
Seconded By	Member Dorothy Nagy

That Member Paul Morand be appointed Chair of the Senior Advisory Committee for the Town of Tecumseh for a one (1) year term, ending December 31, 2019.

The Manager Committee & Community Services opens the floor to nominations for the Vice Chair for the Senior Advisory Committee, for a one (1) year term, ending December 31, 2019.

Motion: SAC- 2/19

Moved By	Chair Paul Morand
Seconded By	Member Dara Pfeifer O'Connor

That Member Gabrielle McMillan be appointed Vice Chair of the Senior Advisory Committee for the Town of Tecumseh for a one (1) year term, ending December 31, 2019.

3. Disclosure of Pecuniary Interest

None reported.

4. Delegations

None.

5. Communications**a. Senior Advisory Committee Minutes - November 29, 2018****Motion: SAC- 3/19**

Moved By Member Suzanne Beneteau
Seconded By Member Dara Pfeifer O'Connor

That the minutes of the November 29, 2018 meeting of the Senior Advisory Committee as were duplicated and delivered to the Committee members, be approved.

Carried

b. On the Path to an Accessible Ontario Re: Winter Addition**c. Senior Advisory Committee Terms of Reference****d. Procedural By-Law No. 2017-62****e. Senior Advisory Committee 2019 Budget****Motion: SAC- 4/19**

Moved By Vice Chair Gabrielle McMillan
Seconded By Member Suzanne Beneteau

That Communications - For Information B through E as listed on the January 24, 2019 Senior Advisory Committee Agenda are received.

Carried

The Members review the 2019 Budget and highlight project initiative expenses incurred in 2018, including the Ontario Sport and Recreation Communities Fund grant.

6. Reports

None.

7. Unfinished Business**a. Fall Prevention Clinic**

The Fall Prevention Clinic held on Friday, January 17, 2019 at the St. Clair Beach Community Centre was well-attended. The Windsor Essex County Health Unit conveyed their appreciation for the Committee's support.

The Chair, who received an assessment, explains the process and the beneficial information provided. He circulates information provided at the assessment regarding WeMOVE and Stretch Out Stress, free exercise classes aimed at improving strength and balance.

Chair Paul Morand vacates the meeting at 6:16 pm and Vice Chair Gabrielle McMillan assumes the chair.

b. Senior Fitness Around Town Program

The Manager Committee & Community Services explains the Senior Fitness Around Town (SFAT) Program for the benefit of the new members.

She apprises, given the overwhelming positive response to the SFAT Program, the Members previously concurred the remaining grant funds would be utilized to provide further recreational programming opportunities in 2019.

Accordingly, recreational programming passes were purchased as follows:

Twenty (20) – Three (3) Month Pool & Fitness Memberships to the WFCU Centre;

Fifty (50) – Aquatic Memberships to the Tecumseh Leisure Pool; and

Twenty (20) – Zumba punch cards good for ten (10) classes each.

Similar to the Life After Fifty Membership Program, passes will be made available to Tecumseh older adults and seniors on a `first come, first serve` basis. To encourage seniors to partake in physical activity during the winter months, the Pool & Fitness Memberships will be rolled out first.

The Members assistance in promoting this unique opportunity is appreciated.

c. Life After Fifty Pilot Program

The Manager Committee & Community Services reviews information, provided by Life After Fifty, regarding the number of persons who utilized the Life After Fifty Memberships, afforded under the Seniors Community Grant, and the frequency of their participation. It is noted there were 798 individual visits amongst those who received a membership and four (4) individuals who, to date, have renewed the membership on their own accord.

8. New Business**a. 2019 Project Planning**

Discussion ensues respecting project planning and ideas for 2019. A review of the initiatives undertaken in 2018 is provided.

The Members concur with continuing to host education workshops, specifically relating to the Inheritance Tax. Councillor Rick Tonial offers to inquire with a local lawyer if willing to present on the topic.

The Manager Committee & Community Services will proceed with coordinating date(s) with Elder Abuse Ontario for scheduling a workshop in early spring.

It is noted potential grant opportunities will continue to be monitored throughout the year.

b. Snow Angels Program

Councillor Rick Tonial reminds the Members about the Town's Snow Angels Program, whereby volunteers are matched with seniors and persons with physical disabilities living in the Town to clear snow from Town sidewalks and driveway entrances.

The Members are encouraged to share the information with persons who may be interested in volunteering, as well as seniors (those ages 65 or older) and persons with physical disabilities who may apply for assistance.

c. AODA Accessible Customer Service Training

The Members undertake the required Customer Service on-line training, as part of the *Accessibility for Ontarians with Disabilities Act, 2005* (AODA) legislation.

9. Next Meeting

The next meeting of the Senior Advisory Committee will be held on Thursday, February 28, 2019.

10. Adjournment**Motion: SAC- 5/19**

Moved By Member Dorothy Nagy
Seconded By Member Dara Pfeifer O'Connor

That there being no further business, the January 24, 2019 meeting of the Senior Advisory Committee now adjourn at 7:17 pm.

Carried

Paul Morand, Chair

Gabrielle McMillan, Vice-Chair