

Minutes of the Senior Advisory Committee
for the Corporation of The Town of Tecumseh

A meeting of the Senior Advisory Committee for the Town of Tecumseh was scheduled to be held on June 27, 2019, in the Council Chambers at Town Hall, 917 Lesperance Road, Tecumseh at 6:00 pm.

1. Call to Order

The Chairperson calls the meeting to order at 6:00 pm.

2. Roll Call

Present:

Councillor
Member
Member
Vice-Chair
Chair
Member
Member
Member

Rick Tonial
Suzanne Beneteau
Loretta Stoyka Henderson
Gabrielle McMillan
Paul Morand
Dorothy Nagy
Dara Pfeifer O'Connor
Nancy Tennant

Also Present:

Manager Committee & Community Services

Christina Hebert

3. Disclosure of Pecuniary Interest

None reported.

4. Delegations

a. Bonnie Pacuta Re: Age Friendly Community

Ms. Bonnie Pacuta provides a brief overview of the Age Friendly Community initiative as outlined on the World Health Organization website.

In an age-friendly community, the policies, services and structures related to the physical and social environment are designed to help seniors age actively and stay connected.

Ms. Pacuta outlines her involvement and the process the City of Windsor followed in supporting and achieving, in June 2012, the Age Friendly Community designation. She advises the goal is for the Windsor Essex region to become age friendly.

The City of Brantford developed an Age Friendly Strategy detailing the steps to establishing an age friendly community, including the economic benefits.

In response to an inquiry, Ms Pacuta confirms that once designation is achieved, the municipality is required to continue reporting on ongoing initiatives that are undertaken.

She references the Seniors Summit Event Report from November 2017 which is available electronically and may be of interest to the Members.

The Members express appreciation to Ms. Pacuta for her presentation this evening.

5. Communications**a. Senior Advisory Committee Minutes - May 23, 2019****Motion: SAC- 15/19**

Moved By Member Nancy Tennant
Seconded By Member Dara Pfeifer O'Connor

That the minutes of the May 23, 2019 meeting of the Senior Advisory Committee as were duplicated and delivered to the Committee members, are accepted.

Carried

6. Reports

None.

7. Unfinished Business**a. Seniors Community Grant Program**

The Manager Committee & Community Services confirms the Seniors Community Grant Application, proposing a series of 'Lunch 'N Learns' on a variety of topics, has been submitted. If successful, the project must commence after September 30, 2019 and must be completed by March 31, 2020.

b. Education Workshops

It is noted the Elder Abuse Ontario (EAO) 'Its Not Right' workshop, scheduled for Thursday, October 3, 2019 at the Golden Age Club, would align with the proposed Lunch 'N Learn series, under the Seniors Community Grant.

Member Nancy Tennant references a recent Windsor Star article regarding World Elder Abuse Day. The article highlights the growing concern of elder abuse and that social isolation is among the greatest risk factors.

The proposed Lunch 'N Learn series would help to address such concerns.

c. Tecumseh Corn Festival

Discussion ensues regarding the booth at the Tecumseh Corn Festival on Seniors Day, Friday, August 23. The Members provide their availability for shift coverage at the booth.

Further details will be made available closer to the event.

The Members commit to brainstorming questions for a brief survey to engage seniors on what education topics, as well as other senior initiatives that are of interest, for the next meeting. The survey will help to determine the preferred education topics for the Lunch 'N Learn series.

d. Fall Prevention Clinic

The Windsor Essex County Health Unit (WECHU) has requested another Fall Prevention Clinic to be scheduled in the spring of 2020, in addition to the November 7, 2019 clinic.

The WECHU and the Council on Aging Windsor Essex are currently working on the annual Senior Calendar and would like to include the spring 2020 Fall Prevention Clinic.

The Manager Committee & Community Services will coordinate a date with the Golden Age Club.

8. New Business**a. Audio Book Club**

Member Nancy Tennant explains the concept of an Audio Book Club which was proposed by resident Marian Drouillard. Ms. Drouillard has books on compact discs that she is generously willing to share to organize a book club for older adults and seniors.

The book club could meet on a weekly basis to listen to portions of a novel, engage in discussion and social interaction, particularly during the winter months. The book club could be held at the Golden Age Club and if there was interest, in the senior apartment buildings for those who do not have access to transportation.

It is suggested the idea of an Audio Book Club be included on the survey to gauge interest.

b. Active & Aging Well Expo

Member Nancy Tennant attended Amherstburg's Active & Aging Well Expo held on June 7 and 8. She informs the Members on the wealth of information made available from various vendors.

A suggestion is made to make available some of the information distributed, such as the 'Guide to Programs and Services for Seniors in Ontario' at the Town Hall and Golden Age Club for seniors' ease of reference.

c. Presentation to Council

The Members provide their availability for the annual presentation to Council by the SAC and Youth Advisory Committee in respect of the Committee's accomplishments from the prior year and initiatives for the current year.

The Manager Committee & Community Services will draft the PowerPoint Presentation and circulate same for review and feedback.

9. Next Meeting

The next meeting of the Senior Advisory Committee will be held on July 25, 2019.

10. Adjournment**Motion: SAC- 16/19**

Moved By Member Nancy Tennant
Seconded By Vice Chair Gabrielle McMillan

That there being no further business, the June 27, 2019 meeting of the Senior Advisory Committee now adjourn at 6:58 pm.

Carried

Paul Morand, Chair

Gabrielle McMillan, Vice-Chair